

The Aura-Soma® Quintessences - the essence of Aura-Soma

Quintessence is one of the 5 pillars of Aura-Soma, along with the Equilibrium bottles, Pomander's, Colour Essences and Archangels.

Quintessences come in a range of 15 colours, with 4 different products for each colour, for your room and your personal use:

Room

- Room Sprays/Air Conditioners
- Incense

Personal Use

- 25ml Plastic Dropper Bottles
- 2.5ml Glass Spray

When the Quintessences were born Vicky Wall, founder of the Aura-Soma Colour- Care System®, was astonished to find that the energies of the colour were personalised and that the names she received related to names given to the great spiritual teachers by early Theosophists. She spoke of this range as 'a hotline to heaven' that is within each of us.

Using the Quintessences invokes the Master energies within ourselves. The birth of the Quintessences created new and different energies within the Aura-Soma range, enabling us to bring forth the most positive attributes of these Master energies into our personal sphere. They work within the astral and etheric bodies of the subtle energy field.

The powerful and beneficial pastel colour rays, represented by the Quintessences, are designed to uplift your spirit. The Quintessences offer us the opportunity to become more conscious and clear about specific qualities and issues in ourselves and our life. They allow special communication with other spheres within. Each is different and unique invoking the most positive energies of its own colour ray. We can feel and experience their colours harmoniously enveloping us.

The Quintessences are especially there for us when we need greater help in our life. They interact with every aspect of our being, at the most subtle levels so are very helpful for meditation, prayer or contemplation.

How to Select a Quintessence (2 options)

1. Have a Aura-Soma consultation with a Practitioner who will guide you through the process of choosing a Quintessence as indicated by the Equilibrium selection. Consult a Practitioner for more information.
2. We recommend you choose your favourite Quintessence colour - Let your intuition draw you and/or read the information notes about each Quintessence.

Quintessence Colours/Information Notes

1 El Morya

The Pale Blue Master Quintessence.

Thy Will, not My Will be done.

Brings a strengthening of the Will and enables us to align with our purpose and trust in relation to our unfolding life. Trusting the inner source and getting in touch with our own authority. Stimulates a feeling of being at peace.

2 Kuthumi

The Pale Yellow Master Quintessence.

Connecting up Angelic, Human and Devic realms.

Invoking positive energies of the future.

The pale yellow points towards enlightenment and self-knowledge. Enhances sympathetic or empathic relationships at all levels and helps to find and understand our place between Heaven and Earth.

3 Lady Nada

The Pale Pink Master Quintessence.

Unconditional Love, The Consort of The Christ.

The pale pink (red) the 3rd of the 3 primary colours.

Deep Love. Can improve our capacity to relate, diminishing aggression around ourselves.

4 Hilarion

The Pale Green Master Quintessence

The Way, the Truth and the Light

Hilarion helps us to pursue our path, providing access to truth and inner wisdom. It guides into a new direction and a new space to step into the present anew. It assists in supporting the environment.

5 Serapis Bey

*The Clear Pearl Master Quintessence
Purification and New Beginnings*

Brings Clarity of vision- seeing things in a new and fresh way. It gives depth of understanding into conflict, pain and suffering on any level. Good for helping to let go, overcoming the past and cleansing on any level.

6 The Christ.

The Red Master Quintessence

The Awakening Quintessence

Helps to focus our efforts in the right direction, planting our feet firmly on the ground, re-energising us and offering protection along our life path. Regardless of whether our life path is mundane, humble, dramatic or sensational, it will give us the realisation of the connection with a higher source. The greatest aim is to be truly ordinary.

7 St Germain

The Violet and Lilac Master Quintessence

The Master Transformer

Helps to transform our negative feelings into more positive, supportive and spiritual energy. For caregivers, it helps them to detach and stop outside of themselves, allowing the energies simply to come through. May help with unresolved emotional problems. Useful for therapist doing hands on work, assisting energy to come through them to the client. Also clears lingering emotional problems.

8 Pallas Athena

The Rose Pink Maser Quintessence

For Beauty and Aesthetics

Creative expression of love and beauty. Awakening to the beauty in all things. Inspiration for our creative skills, our dreams and visions. Helps us to have a deeper understanding of the energies concerned with prosperity and right livelihood.

9 Orion and Angelica

The Pink Master Quintessence.

The Traveller's Quintessence

These two great Angels open and close each day. As Orion draws the curtain on our night, so Angelica opens the dawn, gathering impurities and cleansing our negativity as a deep level. Helps to keep all the subtle bodies together particularly when flying over time zones.

10 Lady Portia

The Gold Master Quintessence

Judge not, that you be not judged.

Love and compassion without judgement. Especially if we are hard on ourselves, or over critical, work too hard

or if readily judge others. Being merciful with ourselves is true compassion. Where discriminative wisdom is needed and the balancing of all considerations is necessary.

11 Lao Tsu and Kwan Yin

The Pale Orange Master Quintessence

The Quintessence that seeks back to the shocks of the past, to free the time line.

Helps us to free ourselves from deeply instilled habits and negative thoughts.

Kwan Yin is the Goddess of Compassion, Lao Tsu the Master Alchemist of the past. Helps to understand what lies behind dis-ease, it is often in the patterns of the past.

12 Sanat Kumara and Lady Venus Kumara

The Pale Coral Master Quintessence

For the deepest levels of issues of dependency and co-dependency and unrequited love.

As Above, so Below.

Brings in a special awareness of the Divine Life through our every day life.

The Mother and Father principle at the highest levels.

Balancing male/female polarities.

13 Maha Chohan

The Pale Turquoise Master Quintessence

To say, from the heart, what you feel

Maha Chohan – The Greatest Teacher

Teaching through the whisperings of the heart, the connection of the inner teacher. Of particular help if we are working with Crystals. Creates a communication link between our Mind and our Spirit.

14 Djwal Khul

The Emerald Green Master Quintessence

The Seeker's Master

Youngest of the masters.

Can help us to use our intellect whilst being in harmony with our intuition; following our heart and balancing our mind – useful when we need a grounded point of view. If we seek objective truth, knowledge or a “fresh start”, this is the Quintessence to meditate with.

15 The Holy Grail and Solar Logos

The Pale Olive Quintessence

The Grail is a Chalice of Light

The Solar Logos is the sun, “the Word”, the communication that can come through us when we enter the receptivity of The Grain. Helps us on all levels to bring about transformation in relation to receptivity and unfoldment of the creative feminine intuition within each of us.

How to Use

Room Sprays/Air Conditioners:

2-3 sprays per room is sufficient to change and invoke the new energies. It is not a matter of saturating the room with the smell however tempting but rather to feel and recognise the subtle every shifts. Very difficult energies may need repeat spraying over several hours to assist in a complete energy shift. Repeat every 2-3 hours as required or desired.

Incense:

Burn your chosen incense stick, burn time is approximately 30 minutes repeat if desired. Please read the safety instructions on the packaging.

Vials or Drops:

Place three drops or one spray of the Quintessence of your choice on the left wrist, then cover with the right wrist and rub together. With raised outstretched arms, offer the energies of the Colour Ray out to the world. Flapping the arms like angel wings as you gently begin to introduce your chosen colour to the auric (aura) field, by bringing the hands in and crossing the wrists over the crown. Continue to open and close your arms as you come down so that the wrists cross over each of the energy centres – the brow, the throat, coming to rest over the heart for a moment.

Continue to open and close your arms as you come down so that the wrists cross each at the solar plexus, over the belly over the base and down to the ground. Finally bringing your arms up the front of your body in a rolling motion sweeping your arms in circles towards you right up to the head.

Take you wrists together at the nose and inhale the Quintessence deeply 3 times.

Please Note: For external use only. Keep out of the reach of children. Avoid contact with the eyes. Do not apply to broken, irritated or sensitive skin. Do not use on polished/ painted surfaces.

Available in 2.5 ml glass vial, 25ml plastic and 100ml room sprays the Air Conditioner. The Air Conditioners are designed more for the spaces we live, work and play in.

Made with love and intention by Aura-Soma Products Ltd Lincolnshire England
Available in New Zealand from Aura-Soma New Zealand Ltd